



OFFICE: 2346 Druid Road • Clearwater • FL 33764 • (727) 797-5432

HILLCREST

• HIGHLIGHTS •

August • 2016

Issue 6 40th Year

Delivered Door-to-Door by Park Residents FREE Every Month



Aloha!

Joyce Cooper was "Hanging loose" in Hawaii at one of the famous luaus found on the Hawaiian Islands.

Monthly Mania Winner!
\$100 • Virginia Rouleau
All Weather Roofing

view this newsletter on-line at www.monthly-media.com



FOR AD RATES & INFO 727-484-7488 • info@monthly-media.com

In cases of emergency, first call 911

Water, Sewer & Electrical Emergencies after hours: (727) 423-6928

Hillcrest Homeowners Assn. Board of Directors

President..... Pat JonesFeb. 2016 to Feb. 2018
 Vice Pres. Judy Bobb.....Feb. 2016 to Feb. 2018
 Secretary Barb Connors.....Feb. 2015 to Feb. 2017
 Treasurer Robert Strang.....Feb. 2016 to Feb. 2018
 Director John Hlawati.....Feb. 2016 to Feb. 2018

Social Club Officers

President.....Marge O’Kane
 1st Vice Pres..... Roy Morgan
 2nd Vice. Pres. Jan Gruhala
 Secretary Tonya Bowman
 Treasurer Roger Barr

**In cases of emergency,
 first call 911.
 Water, Sewer & Electrical
 Emergencies after hours:
 (727) 423-6928**

Hall Phone: 797-1612

Hillcrest Shuffle Board Club - 2016-2017 Officers and Captains

President:	Fred Reynolds	814-218-8986
Vice President:	Doug Anderson	791-8414
Secretary:	Morna Rankin	712-3816
Treasurer:	Charlie Barnum	791-2278
“A” Captain:	Jim O’Connell	754-2751
“A” Co-Captain:	Robert Strang	669-2037
“B” Captain	Roger Barr	797-6064
“B” Co-Captain	Doug Anderson	701-8414
Assistant	Roy Morgan	240-538-4489

Friendship Officers

President.....Carole Sutherland
 Vice Pres. Diane Hlawati, #916, 799-1935
 Secretary Jane Perley, #1016, 723-8399
 Treasurer Sally Barr, #920, 797-6064
 Sunshine Lady..... Virginia Hopseker, #417, 797-5089

ROOF-OVERS • 727-547-8300

Lic #: C-2387

ASC

Aluminum Specialty Contractors, Inc
 "No-Nonsense Company"
 7420 Park Blvd. • Pinellas Park

visit: www.ascaluminum.com

"Our Owner Has Been Serving Pinellas County Since 1980."

22

NO Sub-Contractors



"Ask Your Neighbors About Us."

25

**Summer Rains
 Are Here?**



10% Off

**Transferable
 Life-Time Warranty!**

"Thank you for doing a very professional job on my roof. I am not easily pleased with most contractors, ASC is the exception! Your crew was on time, sometimes even early. There are no leaks and it looks great. ASC was not the cheapest, which proves you get what you pay for."

Michael Ellis
 Pinellas Park, FL

IN PROGRESS

IN PROGRESS

COMPLETED



**Make Your Ugly, Cracked
 DRIVEWAY
 Look Like New!**

**We Repair,
 Widen & Re-Surface**

FREE ESTIMATES • 7 DAYS A WEEK



www.ConcreteWizard.us



11
 ★

789-5444

5

Lic. #C5528

CONCRETE WIZARD

**MODERN
 AIR
 CONDITIONING**



& HOME SERVICES, Inc.

Special!

Expires 8/31/16

**A/C & Heat
 Inspection
 or Service Diagnostic**

\$39⁰⁰

Coupon required at time of service during regular business hours & cannot be combined with other offers.

- HONEST and FAIR - SAME DAY SERVICE
- FREE Estimates on A/C Installations

28



541-5541

16

www.modernac.com

ALL BRANDS • Since 1976 • CACO 21320



- Water Softeners - Natural Gas Work
 - Water Heaters • Faucets • Sinks • Toilets
 - Disposals • Sewer & Drain Cleaning
- MOBILE HOME SPECIALISTS**

530-1391 25 ★ Denny Ryder • Master Plumber • License CFC1426510 25

We Need Cover Pictures! Send in Your Interesting Photos!

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here:



PO Box 1023 • Venice, FL 34284
 info@monthly-media.com • 727-484-7488





Call Today!
 800-282-3572
 727-471-0820

Family Owned & Operated Since 1977

SPECIALIZING IN ALUMINUM ROOF OVERS MADE IN THE USA

DO YOU NEED A NEW ROOF?
 Our Weather-Lok Roof Over System Exclusively from AMS is:

- Energy Star Rated
- Maintenance Free
- A Full Sheet Blanket of Protection
- Lifetime Warrantied & Transferable
- Quiet



10% Discount

"This is simply the best roof over system available. We love our new roof. Thanks you and your staff."
 - J. Howard, Pinellas County

100% FINANCING AVAILABLE
 (with approved credit)

FREE ESTIMATES
 Evening & Weekend Appointments Available

Serving your community for over 35 years.
Great Price • Great Products • Great Workmanship
Your neighbors have used us. How About You?
 Visit www.AMSOFFLA.com and view our informative video
 FL State Certified • Licensed & Insured • Roofing Contractor CC C1329853

SAVE TIME AND MONEY BY CALLING US TODAY TO GET YOUR PROJECT STARTED!



Manager's Corner

HAPPY AUGUST!!!

As the summer heat continues, please keep yourself hydrated - drink lots of water and try to avoid the direct sun. Make sure you sit in the shade and put on sunscreen! Don't forget to have fun in the pool!

HOME SELLING PROCESS

This year has been crazy-busy with homes selling throughout our community. Just to update everyone on our policy:

1. Prospective buyers **MUST** be approved to live in our community. Before you take money or have them sign a contract, please ensure that they are approved through our office. You may come by to pick up an application to have ready for any prospective buyers. This will speed up the process. If they are serious, they will have the app back to us ASAP. Once we receive the application and all pertinent documents and app fee, it will take about 1-2 business days to get an answer. Occasionally, it may take longer as we may have to put in a request for an override into our corp. office in order to approve someone. This could take up to a week.
2. Once approved, we will contact the buyer and they will, in turn, contact you to proceed with your transaction.

REMOVING PLANTS & TREES

This has become an issue in the past few months. Please do NOT pull any mature plants or cut any trees without notifying the office. There are some trees that cannot be cut without the approval of Pinellas County. Also, please do NOT remove a bush from a neighbor or vacant property. There have been a few missing plants around the community. This is considered theft. If you see anyone doing this, please call the police.

Have a happy and safe Summer!!!

YARD SALE RECAP

We had around 20 homes participate in this event. Thank you to all those that took part. Some did very well others not so much. We were able to add 5 new members to the HOA group. If we do this again next year we will plan it for May when the weather is more stable and less hot

**A Complete Listing of Resident Services
can be found on the page before your calendar**



SCHOOL DAYS

Schools open early in Pinellas this year. August 10th will see the streets once again crowded with cars and kids. Please watch out for them, especially the first weeks of school. When going thru a posted school zone - SLOW DOWN. The speed limit is 15mph and the fines are big. You must stop for a school bus with flashing red lights, regardless of what side of the street the bus is on. The exception to this is a divided street like sections of Gulf-to-Bay. The fines for this infraction are HUGE! So put the phone down (it can wait), focus on your driving, and be aware of your surroundings. Please remember that little kids rarely think of consequences and tend to just run out across streets, between cars, etc. You get the picture.

HURRICANE SEASON

We are entering the heart of hurricane season. The gulf waters are hot which aids in hurricane formations and giving them power. Check your supplies, if you have pets be sure they have their rabies shots and any others they need if you plan on using a shelter. Do you have your important papers together and other supplies you will need if you must evacuate? Make a plan, supply the plan, and then if need be, work the plan. **BE PREPARED.**

The one good thing about a hurricane is the amount warning time you get. Usually several days. This is the time to be sure EVERY item in your yard, on your carport is moved inside. This would include statues, plant pots, chairs, swings, bikes, tables, etc. These will all become flying missiles in winds of 80 - 100+ miles per hours. If you are "watching" a neighbor's home for the summer, then be sure to plan to remove their items as well. If you are a northern resident, you should ensure that there are NO objects left outside when you leave. Going on an extended vacation say 2 -3 weeks? Your home should have items removed to the inside or have a neighbor be responsible.

We've been lucky so far, but being prepared is like having an umbrella when they forecast rain. You know it won't happen but you take it anyway. Want rain? Wash your car.

BE SAFE everyone.



July 4th Dinner

Dinner was held at 1 pm so that anyone headed to fireworks could attend. A Big thank you to the following for their help: Jan G. for menu planning and cooking ribs, pulled pork, pies etc. Richard S. for his grilling expertise with the chicken, everyone who brought a side, Eva and Julie and Jan S. for cleanup help. It was wonderful to see several new resident's attending, Gary, Richard, Mary, Jeff and anyone else who made this their first ELS function that they attended. We hope to see you at many others. Pictures of the event have been posted to our Hillcrest Resident's Facebook page. If you are not a member find the page and request admittance. This is a closed page only for resident's past and present.

INSIST on 8 ft. WIDE VAPOR BARRIER for a SEAMLESS FIT!

LOOKED

UNDER YOUR MOBILE HOME LATELY?

**Insulation Under Your Home Falling Down?
Holes and Tears in Your
Vapor /Moisture Barrier?**



FREE
UNDER HOME INSPECTION
Only with this COUPON



**Photographs
Taken of
Damaged Areas**



Insulation and Vapor Barrier Repairs



- **Lifetime Vapor Barrier** • **Guaranteed for Life**
- Prevent Soft Floors • Keep Mold, Mildew, Rats, Snakes, Spiders, Ants, Roaches and Moisture OUT of Your House! • Lower Your Electric Bills

FREE ESTIMATES

Licensed by the
State of Florida
#1H/102549/1

727-330-7821
Toll Free - 800-681-3772

**MILITARY
& SENIOR
DISCOUNTS**

**Family Owned
& Operated**



- Insured • Bonded • Workman's Compensation Insurance
- Member: National Association of Mold Professionals

FLORIDA ANCHOR AND BARRIER COMPANY

7 ★ 11590 U.S. Highway 19 North • Clearwater • FL 33764 7



NOTEBOOKS PLUS COMPUTERS

NEW • TRADE-INS • REFURBISHED • SERVICE

11 ★ **2655 East Bay Dr • Largo** **3**

Diagnostics • Virus Fixes • Windows Tune-up • Data Recovery
Hard Drive • Keyboard • Screen Replacements
Fix all Brands Computers and Laptops In-Store & In-Home
On-Site Wireless • E-mail • Apps • Printer Setup

Most Repairs Under \$80!
Same Location Since 1999! **727-507-0533**

GOLF CARTS

CLEAN USED & NEW CARTS

• Buy • Sell • Trade • Repair • All Brands

Specializing in... *Sorry, we do not buy
or sell RXV's
due to very high cost
of repair parts.*



YAMAHA EZGO WANTED DEAD OR ALIVE

Carts Any Condition • Highest Prices Paid

Come In And Visit The Most Unique
Showroom In Pinellas County. All
Visitors Are Treated With Polite And
Courteous Service NO PRESSURE.

**No Phony Coupons Ever
Necessary for Lowest Prices!**

Buy From a Proven Dealer!

12 Years & 0 UN-Resolved Complaints
Track Record In This Publication!

- Check Our Labor Rates Against the Competition
- 12 Years This Location • We Repair Chargers
- Charger Check-Up FREE at Our Store

RECREATIONAL GOLF CARTS, LLC.

12 ★ **8801 66th Street North • Pinellas Park**
Open Monday – Saturday **548-8460** **10**
(2.8 miles south of Ulmertown Rd.)



ROOF COATING REPAIRS & INSPECTIONS

12



12

IS YOUR ROOF LEAKING?

Roof Coating & Repair could
be the solution:

- Lower Cost Than Replacement
- Professional Workmanship by a
TRUSTED Contractor

**Our
Estimates
are always
FREE**



800-282-3572 • 727-471-0820

FL State Licensed & Insured • General Contractor CG1515749



Bed & Furniture

BUY • SELL • TRADE

New & Used Furniture

Furnishings for
the Whole Home!



- Over 10,000 Square Feet
- Dining • Living Room
- Bedroom • TV's
- Lamps • Pictures
- Plants • Rugs

Complete Line of New Park Place Bedding
"You'll Love Our Service - Family Owned"

12950 Starkey Road • Largo

9 ★

588-0406

7



HILLCREST RESIDENT'S INC.

submitted by Pat Jones

A quarterly meeting was held on July 5th with Joey Oxford - Regional, Leslie manager, Pat and Barb Connors.

What everyone wants to know -**THE LIBRARY**. Missed communications are part of the delay. A meeting is to be held on Monday July 11th for the final sign off on work to be done. Then it is up to the contractors to begin work. A review of the plans: Paint color will be a beige, the flooring will be a dark wood looking tile. The wall between the "closet & bathroom" will be removed to make it one smooth wall. There will be 2 aisles of bookshelves back to back as before. The seating area will be approximately the same but the TV will be removed. A large A/C unit will be put in. When doing the floor of the Library, the billiard room floor will also be done and a professional will be used to ensure the pool table is level when moved back into place. Hopefully by the time you read this work has actually started.

We also discussed the amount of time the office is closed during the week The AA's hours will be adjusted to 9-3ish Monday thru Friday. No longer will the office close for lunches. With Ashley there during the bulk of the day the office will not need to close for conference calls, meetings, or trainings.

As you all know a new contract was signed with Ameripride. I know, frustrating as all get out. Not only for us but ELS management as well. BTW this is not signed by Leslie. There is a new owner of Ameripride and a meeting has been set with him to review standards and expectations. We were assured that if the current problems continue that the contract would be terminated.

Among other areas of concern that were discussed were the missing and broken chairs by the pool, a request for some small plastic tables to put with the lounge chairs, new umbrellas, management to send notices to homes with the green mold and to attend to their units that have this mold, the nonfunctioning properly elliptical machine, and having the street meet the drive-ways filling in those (at this time) little potholes that can be a tripping hazard.



**View this Newsletter in full color at www.monthlymedia.info
right click with mouse to download to your computer**



August Sudoku



		5						6
3					9	5		
		7	6	1				
				3				1
	8	6		9				3
	5						9	8
			5	4			1	2
	2				8	6		

6	8	9	8	7	6	1	2	4
5	3	1	2	6	4	9	8	
1	8	6	4	9	5	2	7	3
5	4	2	8	3	7	9	6	1
9	3	7	6	1	2	8	5	4
6	7	8	3	5	4	1	2	9
3	1	4	2	6	9	5	8	7
2	9	5	7	8	1	3	4	6

All Wood Kitchen Cabinets
100 Styles to Choose From
SPECIAL PURCHASE

\$1,495 5 Styles ^{+ Tax}	\$1,895 2 Styles ^{+ Tax}	\$2,095 7 Styles ^{+ Tax}
---	---	---

Up to 10' x 10' or 12 RTA boxes (ready to assemble). Assy. avail. for add'l fee.
Glazed, Shaker, Recessed, Raised Panels • Many Color Options!
We Also Offer Counter Tops & Cabinet Refacing!

INSTALLATION AVAILABLE
CCG 1523600

Over 35 Years of Experience & Trust

727-767-0422

Call Now for Information or Visit Our Showroom

JC Cabinet Solutions
For All Your Cabinetry Needs
11311 Starkey Road • Largo, FL 33773
Mon-Fri 9am-5pm • Sat by Appt Only • jccabinetsolutions.com

SUNSET APPLIANCE SERVICE

sunsetappliance.com

Locally Owned & Operated

\$20 OFF
Completed Repair

100% SATISFACTION GUARANTEED

- All Major Makes & Models
- Same Day Expert Service
- 28+ Years Experience
- Licensed & Insured

MasterCard VISA DISCOVER

5 ★ 727-559-1137 3

"Have you experienced the Sunset Appliance Difference? It's all about our Service!"

BATHMASTERS

THE MASTERS OF BATHROOM RENOVATION

- Economical tub to shower conversions
- Extensive portfolio and references online
- We listen, we respond — excellent communication skills
- Showroom in Clearwater
- Fixed price packages customized to meet your needs



Your choice of:

The most advanced easy-to-clean, solid surface tub and shower surrounds on the market or custom tile installation.

Special Offer

10% off

Tub to Shower Conversion Packages
For Seniors Age 55+. Up to \$500. 8/31/16.



Call (727) 333-7997 now for your **FREE in-home estimate!**

2260 Gulf to Bay Boulevard | Clearwater, FL 33765
(727) 333-7997 • www.BathMasters.us

Certified Residential Contractor: CRC1331061

PAYLESS PAINTING SERVICES

Free Estimate C8369

727-470-5876

www.paylesspainting.us



BUGGIN-OUT PEST CONTROL



Household Pest Control - \$35 every 2 mos.

- Inside, Outside & Underneath Termite Treatments
- Drywood & Subterranean Termite Treatments

11 ★ Licensed • Insured **535-2629** 11

ROYAL "We Keep Your Castle Clean"

MOBILE HOME WASH N' WAX

- Apply Soap to exterior
- Hand brush mobile home
- Then light power rinse thoroughly

- No High Pressure
- No Bleach • No Chlorine



\$75⁰⁰

Any Size
Mobile Home

394-7351

16



16

Owner Operated - Over 25 Years Exp. • Licensed & Insured

Kitchen and Bath "MAKEOVERS"

We can give your Cabinet/Countertop that "WOW" Appeal & save you thousands of \$\$\$\$ in Replacement & Refacing costs with our Superior Color Finish & New Door Designs



REFINISH
your past...
for a brighter
tomorrow!

FREE Estimates 727-556-0701

or email: paul.brown@electroglousa.com



Insured
A + Rating BBB
Angie's List "A-Rated" Company

Family Owned & Operated
- Since 1980 -
Licensed #C9835

WINDOWS

Lic #C-2387

ASC

Aluminum Specialty Contractors, Inc
"No-Nonsense Company"
7420 Park Blvd. • Pinellas Park

727-547-8300

22

★

25



Free Installation!

(minimum 6 windows)

expires 8/15/16

visit: www.ascaluminum.com



"...I am so happy with my new windows...I'd like to commend your work crew. Earbie and Larry were fantastic! I couldn't believe the clean-up EVERYDAY! The whole job took just a week even with all the rain delays. I would and WILL highly recommend your company to my friends and neighbors. Of course I won't need to say a word - the house is doing all the talking! Thank you so much for my beautiful new house."

Carol Zapiecki, Clearwater, FL

VINYL SIDING

Lic #C-2387

ASC

Aluminum Specialty Contractors, Inc
"No-Nonsense Company"
7420 Park Blvd. • Pinellas Park

727-547-8300

22

★

25

Give Your Home a Makeover!

10% Off

VINYL IS FINAL

visit: www.ascaluminum.com



"Just a short note to express my appreciation for the work done on my mobile home. The crews that worked here...were gentlemen at all times, efficient, knowledgeable and prompt. You can be sure if I run into anybody who needs your type of work, I will surely recommend your company. It has been a very satisfying experience!"

George Lordstrom, Saint Petersburg, FL

PAINTING

Mobile Home Specialist

FREE 727-345-6856

Estimates cell: 727-215-1498

Pin. Cnty. #C-3950

SOCIA'S



23 ★ PROFESSIONAL PAINTING & WATERPROOFING 3

COMPUTER HELP AT HOME



- Virus & Spyware Removal • Tune-Ups
- New Computer Set-Up • Wireless Routers
- Repairs/Upgrades • Training • Custom Builds
- Data Backup / Recovery / Destruction • Recycling
- Printers • Cameras • Advice • 36+ Years Experience

Less than In-Store Prices 727-474-4285

• Appointments 8 am - 9 pm • 7 Days per Week

5 ★ www.LargoTechServices.com 5



Where the Plumbing Bird says...

"Cheap Cheap"

Small Company = Lower Overhead = Lower Prices!

PLUMBING SERVICES

Specializing in Mobile Homes for Over 35 Years!

- ★ Family Owned & Operated ★ Water Heaters
- ★ Gray Pipe ★ Remodel ★ Water Conditioning
- ★ Sprinklers ★ Toilets, Sinks & Faucets

JONES & SONS
PLUMBING INC.
LIC. # CFC 020341

38 ★ 4
www.jonesandsons-plumbing.com

727-799-0287

Did you know that August is also...

Back to School Month. As summer draws to a close, back-to-school season is in full effect. Remember to safely share the roads with school buses, pedestrians, and bicyclists, and provide children with the necessary knowledge to stay safe at school. Whether children walk, ride their bicycle, or take the bus to school, they—and the motorists around them—should remember to take proper safety precautions .



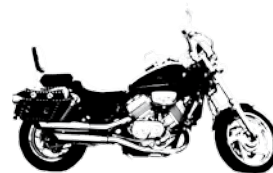
National Black Business Month. During August, individuals, institutions, and businesses are encouraged to visit at least one black-owned business per day. The increased sales resulting from that traffic could result in more than 40,000 additional jobs during the month and as many as 450,000 new jobs if the habit is continued over the course of a year.

National Immunization Awareness Month. National Immunization Awareness Month (NIAM) provides an opportunity to highlight the value of immunization across a person's lifespan. Activities focus on encouraging all people to protect their health by being vaccinated against infectious diseases.

Clown Week, Aug. 1-7. Celebrations take on a variety of forms, such as putting on shows in malls, child care centers, hospitals, and nursing homes, and clown appearances in parades, grand openings, and other places.

National Fraud Awareness Week, Aug. 7-13. Businesses and government agencies around the world lose an estimated 5 percent of their annual revenues to fraud. National Fraud Awareness Week seeks to educate everyone on the dangers of fraud and how to protect themselves from criminal activities.

Motorcycle Week, Aug. 14-20. For the motorcycle rider and lover, a week dedicated to the vehicle that millions of Americans enjoy. Ride, celebrate, and make new friends on the road.



National Aviation Week, Aug. 14-20. A celebration of flight, observed during the week of Orville Wright's birth, Aug. 18. Along with his brother Wilbur, Orville Wright built and flew the world's first successful airplane in Kitty Hawk, N.C., in 1903.

International Beer Day, Aug. 5. Enjoy your favorite beer, or try a new one—responsibly, of course.

World Elephant Day, Aug. 12. Asian and African elephants are loved, revered, and respected around the world, yet we teeter on the brink of seeing the last of these magnificent creatures.

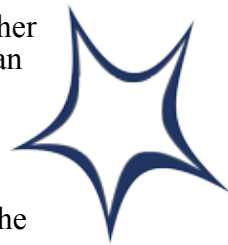
National Dog Day, Aug. 31. Celebrate your dog—and dogs everywhere.



New moon discovered around distant dwarf

The solar system is a little bit larger these days. The Hubble Space Telescope has found a new moon orbiting the dwarf planet Makemake in a region of space beyond the planet Neptune known as the Kuiper Belt, where many other small planet like objects have been found. Makemake is slightly smaller than Pluto, another dwarf planet, and is covered by a layer of frozen methane.

According to the Sci-News website, the moon, nicknamed MK2, is approximately 100 miles around and orbits close to 13,000 miles above Makemake. Astronomers discovered it after examining observations from the Hubble made in 2015. Astronomers believe that it is the product of a collision between Makemake and another celestial object or was captured by Makemake billions of years ago.



Wookiee alert! New species sited on Earth

Chewbacca has been sighted—not a long time ago in a galaxy far, far away, but in Papua New Guinea. It’s the name of a newly discovered species of flightless beetle, dubbed *Trigonopterus Chewbacca* because of its distinctive pattern of scales.

As reported on the (e)Science News website, Chewbacca is one of four new black weevils discovered by an expedition of scientists looking for examples of the *Trigonopterus* beetles. The website notes that unlike its fictional namesake, this Chewbacca doesn’t depend on size and brawn to scare enemies off, because it measures only 2-3 millimeters in length.

New evidence changes theory about dinosaur extinction

For years scientists and dinosaur enthusiasts have accepted the theory that a giant asteroid caused the mass extinction of the dinosaurs 66 million years ago. Now that theory has undergone some tweaks, as reported on the Science News website.



The asteroid probably didn’t help matters, but evidence now suggests that the dinosaurs had begun dying out long before it struck. Dinosaur species began disappearing faster than new ones evolved some 40-50 million years before the asteroid’s impact—a loss in diversity that made surviving the event more difficult.

Many species of birdlike dinosaurs kept going, ultimately evolving into the birds we see today. Scientists speculate that because much of the diet of today’s birds consists of seeds, earlier flying reptiles may have relied on the same food source, which can last for decades.

VINYL SIDING

Complete Mobile Home Service

*"Workmanship
Makes the Difference"*



**Top Quality
Work At
Low Prices**

Licensed & Insured
Aluminum Contractor • PCCLB #C-7812



586-6315

House Cleaning

License #L15000068415

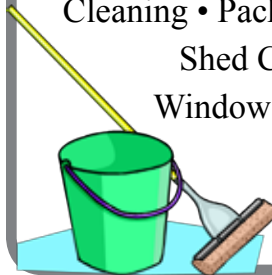
Betty's Cleaning &
Customized Services, LLC
Over 25 years of experience

(727) 280-4841



OFFERING:

House Hold Cleaning • Spring
Cleaning • Packing & Organizing
Shed Clean Outs
Windows & Porches



**Customized
Cleaning to Meet
Your Needs!**

**Citrus Homes
Meadowood Homes**
of Florida
"Building Dreams... One Home At A Time"
6030 Ulmerton Road • Clearwater • FL



"A Family Tradition Since 1959"



**Lot Model Clearance Sale
SAVE THOUSANDS NOW!**

WE DO IT ALL...

- Removal • Replacement (1/3 mile east of U.S. 19)
- Carports • Garages
- Screened Rooms
- Landscapes & Much More!

727-535-5262



10 Visit us Online at... www.citrus-meadowood.com 7

VELOCITY AIR CONDITIONING



AIR DUCT CLEANING

We Clean in Accordance to the National Air Duct Cleaners Guidelines

Cleaning Special Deep Scrub Rotobrush Cleaning



- Removal of each vent
- Wipe grills clean
- Basic dryer duct cleaning
- 24 point A/C duct inspection
- Organic Deodorizer

\$1500

per vent



www.VelocityAirConditioning.com

Same Day Service

727-754-7956

CASH NOW

TOP DOLLAR PAID • WE BUY CLEAN QUALITY TRUCKS, VANS, SUV'S & CARS

NO JUNK! 727-798-2921

NOBODY PAYS MORE!

ONE STOP Painting

(727) 656-4210



Free Estimates **Licensed & Insured**
Lic # C-10670

Providing Customer Satisfaction
Interior/Exterior Painting Professional

CARPET DRY CLEANING
DRIES IN MINUTES - NOT HOURS

Living Rm, Dining Rm. & Hall **\$70**
Includes... **FREE Deodorizer**

SAFE FOR MOBILE HOME FLOORS

- Leather Cleaning
- Tile & Grout
- Furniture
- RV • Auto

12 ★ • Truck Mount Steam Available • Insured 5
BILL The CARPET GUY 727-521-4163

MODERN PEST CONTROL

\$29 Under Home Chemical Powder Dusting Available
Every Other Month "Old Fashioned Service with Modern Technology" **410-1466** or **391-7584**

"Serving Pinellas County Over 26 Years" 7 ★ Lic. #JB2438 5
12337 79th Place, N • Seminole • FL 33772

For Advertising Info
Call or email:
727-484-7488
sales@monthly-media.com



PALM HARBOR & DUNEDIN ELECTRIC
COMPANY INC.

SPECIALIZING IN SERVICE

- 21 Years Experience
- Licensed & Insured
- Free Estimates

SENIOR DISCOUNT

24 HOUR EMERGENCY SERVICE

22 ★  State Lic. EC13002291  22
www.dunedinelectric.com

773-1622

ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

Coverages:

- Bodily Injury\$100,000 Each Pers./ \$300,000 Ea. Occur.
- Property Damage\$100,000 Each Occur.
- Uninsured Motorist\$100,000 Each Pers./ \$300,000 Ea. Occur.
- Pers. Injury Prot.....\$10,000 Ea. Person, Wage Loss Excluded
- Medical Payments.....\$5,000 Each Person
- ComprehensiveACV - \$500 Deductible
- CollisionACV - \$500 Deductible
- Road Trouble Serv.\$50 Each Occurrence
- Additional Exp.....\$30 Per Day / \$900 Each Occurrence
- Annual Paid In Full Premium..... \$994.55***



Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2012 Chevy Impala LI, garaged in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.

O & Wilson Insurance Inc.
30 ★ **727-535-0524** 9

SERVICES DIRECTORY

AIR CONDITIONING SALES/SERVICE

Air Masters of Pinellas, Inc. 727-586-6969
E & E Gliddon, Inc. 727-546-4343
Modern A/C Service Co. 727-541-5541

APPLIANCE REPAIR

Appliance Specialty, Inc. 727-520-6002
Bob's Appliance Repair 727-637-4789
Sunset Appliance Service 727-559-1137

AUTO SALES / PURCHASING

Stingrays Inc 727-798-2921

AWNINGS

Bay Area Aluminum Services, Inc. 727-585-4442
Century Awnings Co. 727-559-8811

BATHROOM REMODEL

BathMasters 727-333-7997

BLINDS & DRAPERIES

Rod Runners 727-394-9534

CABINET REFINISHING

Electro-Glo Inc. 727-556-0701

CARPET CLEANING

Bill the Carpet Guy 727-521-4163
Doll Brothers Carpet/Upholstery Clnrs. 727-596-2249

CLEANING/INTERIOR

Betty's Cleaning & Custom Services ... 727-280-4841
Kathy's Cleaning Service 727-804-1116

COMPUTER SERVICES

Largo Tech Services, LLC 727-474-4285
Notebooks Plus, Inc. 727-507-0533

DRIVEWAY COATING

Concrete Wizard, Inc. 727-789-5444

DUCT/VENT CLEANING

Velocity Air 727-754-7956

ELECTRICAL CONTRACTOR

Boss Electric Corp. 727-791-1308
Haseney Electrical Services, Inc. 727-441-8434
Palm Harbor & Dunedin Electric 727-773-1622

FLOOR COVERINGS/RETAIL

At Home Floors - Carpets + Tile 727-584-3711

FLOOR REPAIR

Flatworks 727-288-4680
Florida Anchor & Barrier Co. 727-330-7821
Perfect Repair & Construction, Inc 727-539-0852

FURNITURE & MATTRESS

AJ's Beds & Furniture 727-588-0406

GOLF CARTS SALES & SERVICE

Capital Golf Carts, Inc. 727-772-8833
Recreational Golf Cars of Florida 727-548-8460

INSURANCE/AUTO

O. E. Wilson 727-535-0524

MANUFACTURED HOME SALES/NEW

Citrus Homes/Meadowood Homes 727-535-5262

MOBILE HOME SUPPLIES - RETAIL

Mobile Home Depot, Inc. 727-535-1100
Southeast Mobile Home Supplies 727-522-2090

MOBILE HOME WASH/WAX

Heller's Mobile Home Washing 727-667-8110
Royal Enterprises 727-394-7351
Wygarden Mobile Home Wash 727-587-0876

MOBILE HOME WINDOW FILM

Royal Enterprises 727-394-7351

MOVING SERVICE

Shawn & Shawn Moving Company 727-234-7204

PAINTING/INSIDE & OUTSIDE

One Stop Painting 727-656-4210
Payless Painting Services 727-470-5876
Socia's Painting & Waterproofing 727-345-6856

PEST CONTROL

Buggin Out Termite & Pest Control 727-535-2629
Modern Pest Control, Inc. 727-410-1466
Nature's Resource Pest Control 727-785-2552

PLUMBING SERVICE

Denny's Plumbing, Inc 727-530-1391
Jones & Sons Plumbing, Inc. 727-799-0287
Largo Plumbing Co 727-596-0525

REMODELING/INTERIOR

American Restoration Systems, Inc. 727-525-7200

ROOF COATING

AMS Advanced MH Systems 727-471-0820
Community Roofing of Florida, Inc 727-536-9999
Socia's Painting & Waterproofing 727-345-6856

ROOF REPLACEMENT

All Weather Roofing 1-800-297-3758
AMS Advanced MH Systems 727-471-0820
ASC Aluminum Specialty Contr. 727-547-8300

ROOF WASHING

Heller's Mobile Home Washing 727-667-8110

ROOM ADDITIONS

Bay Area Aluminum Services, Inc 727-585-4442

TIE DOWNS/MOBILE HOMES

Florida Anchor & Barrier Co. 727-330-7821
Tommy Tie Downs 941-628-6840

TRAVEL/VACATION

Travel Is Fun 727-347-1600

VAPOR BARRIER

Florida Anchor & Barrier Co. 727-330-7821
Florida Underhome Solutions 727-492-1884
Underhome Armor 727-282-2045

VINYL SIDING

AMS Advanced MH Systems 727-471-0820
ASC Aluminum Specialty Contr. 727-547-8300
Mitchell Siding 727-586-3615

WINDOW REPLACEMENT

AMS Advanced MH Systems 727-471-0820
ASC Aluminum Specialty Contr. 727-547-8300

For Advertising Info Call or email:

727-484-7488

sales@monthly-media.com



**Monthly Media
PO Box 1023
Venice, FL 34284**



BAY AREA Since 1972
ALUMINUM
SERVICES, INC.

• Lic. # C2399 • Lic. # C6060

ROOM ADDITIONS

- Carports • Awnings
- Acrylic, Glass & Screen Enclosures
- And More! •

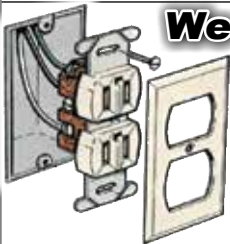
== **FREE ESTIMATES** ==

727-585-4442

12350 Belcher Road • Bldg. #5-K • Largo

32 ★ • Bonded • Insured • Licensed • Free Estimates **32**

⚡ Boss ELECTRIC



We Specialize in
MOBILE HOMES

EMERGENCY SERVICE AVAILABLE

- Family Owned & Operated
- Digital TV Upgrade
- Surge Protection
- Ceiling Fan Wiring
- Panel Upgrade & Repair

15% OFF LABOR
 with this ad

791-1308

FREE ESTIMATES

Diagnosing & repairs will be charged accordingly.

Senior & Military DISCOUNTS

www.bosselectriccorp.com

12 ★  Lic. EC13005634 Bonded & Insured **5**

AUGUST • 2016

Sunday	Monday	Tuesday
	1	
7 Friendship Day	8	
14	15	
21	22	
28	29	

Hillcrest

Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6 Coffee - 9am
9	10 SCHOOLS REOPEN	11 Potluck - 6pm	12	13
16	17	18	19	20
23	24	25 Potluck - 6pm	26	27
30	31			SEPTEMBER 2016 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



Like a good neighbor . . .

We depend on our neighbors to water our plants and walk our dogs when we're out of town—or do we? A study from the Pew Research Center found that only a little more than half of Americans—52 percent—say they trust all or most of their neighbors, and 48 percent they trust only some of their neighbors, or none at all.

The Pew Center found that among households with incomes of \$75,000 or more, 67 percent of residents trust all or most of their neighbors, but in households earning less than \$30,000, only 37 percent feel the same.

Race may also be a factor, although the connection is unclear: Sixty-two percent of white Americans say they trust their neighbors, just 31 percent of African-Americans do, and only 27 percent of Hispanics.

The Zika virus: Protect yourself with the facts

The Zika virus is spreading in the headlines and around the world, but you don't have to panic. The best defense is information. Here are some basic facts about the virus from the NBC News website:

- **Origins.** Zika comes from the continent of Africa. It was first observed in 1947, but didn't seem dangerous. That changed when it migrated across the South Pacific and ultimately arrived in Brazil, where immunity against the virus is low.
- **Effect.** The virus itself doesn't seem to cause major health problems in most people beyond a rash, headaches, and fever. But it can in some cases cause paralysis, nerve damage, encephalitis, and miscarriages, as well as birth defects and deaths in newborn children.
- **Transmission.** The Zika virus is mostly spread by mosquitoes native to tropical regions. It can also be sexually transmitted.
- **Reach.** Zika has already arrived in the United States, where approximately 700 people have been infected after traveling to foreign countries. Mosquitoes that carry the disease are common in many areas, even as far north as New York, so localized outbreaks could occur in several states.
- **Prevention.** Air conditioning and windows screens are both good defenses against the mosquitoes. In addition, officials advise that people wear long clothing and insect repellent when going outside.



MAJOR APPLIANCE REPAIR SPECIALIST

FREE Service Call
with Repair

- Refrigerators
- Microwaves
- Ranges
- Freezers
- Cooktops
- Disposals
- Wine Coolers • Dishwashers • Wall Ovens
- Washer/Dryers • Ice makers



BBB ACCREDITED BUSINESS

- GE • Sears
- Whirlpool
- Frigidaire
- & Many others

10% DISCOUNT
with repair - with this ad



Appliance Specialty, Inc.

727-520-6002 • 727-441-2716

6 ★ • Licensed & Insured • 37+ Years Exp. 1



AMS

WC INC.

Family Owned & Operated Since 1977

WINDOW REPLACEMENT

LOOKING TO REPLACE YOUR WINDOWS?

AMS carries a wide range of windows designed to fit your home and are energy efficient. Standard features include:

- PVC Vinyl Frame
- Insulated, Double Pane Glass
- Low E MAX
- Manufacturer's Lifetime Warranty

Our Estimates are always FREE



"Our new energy efficient windows installed by AMS are beautiful. Everything from start to finish was great."

C. Wallace
Pinellas County

Visit www.AMSOFFLA.com for more info.

800-282-3572 • 727-471-0820

FL State Licensed & Insured • General Contractor CG1515749

MOBILE HOME WASHING

Hand Washing Since 1988

Single or Double Wide

\$79.00

667-8110

Triple Wide or Special Additions May be Extra
Screen Removal Not Necessary

LICENSED & INSURED

Heller's Mobile Home Washing

25 ★ ASK ABOUT OUR OTHER SERVICES 23

ROOF WASHING & MINOR REPAIRS

FREE Roof Inspection with washing 25 ★ 23

Heller's Mobile Home Washing 667-8110

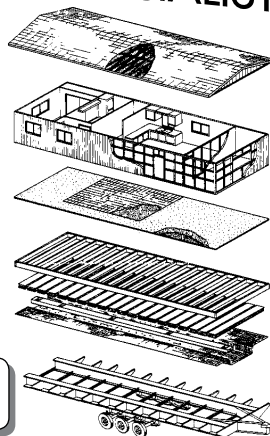
FLOOR REPAIR

MOBILE HOME SPECIALIST

- Any kind of damage to any kind of floor system.
- Small areas or whole homes.
- Replacement or deckover.

Ask About Our Other Services

OWNER OPERATOR
NO SUB-CONTRACTORS



Perfect Repair & Construction, Inc.

22 ★ State Certified Building Contractor 18

FREE ESTIMATES • 539-0852

Licensed and Insured • State License # CBC050061

Drywood Termite - Treatments - Without Tenting

- No Roof Damage
- No Move-Out
- No Odor

**10 Year
Warranty**



- Other Services**
- Rodent Control
 - Subterranean Termite Treatments
 - Once-A-Year Pest Control

**NATURES RESOURCE
PEST CONTROL, INC.**

727-785-2552 FREE Estimates
State Lic. JB6861

- 12 • Convenient • Family Owned
- ★ • Serving Pinellas County Since 1993
- 8 • 2525 Jennifer Terrace, Palm Harbor



Pinellas/Pasco County's



Authorized Dealer

4 Convenient Locations

**HUDSON
PALM HARBOR
OLDSMAR
LARGO**



AUTHORIZED DEALER
PALM HARBOR • LARGO • HUDSON

\$250 off The purchase of a
new or used golf cart*

*with this coupon. Limited time offer.

Sales Parts Service Rentals Accessories
WWW.CAPITALGOLFCART.COM

727-772-8833

Come Visit Our Showrooms!

3

Monday thru Friday
9:00am-5:00pm

Saturday
9:00am-3:00pm

15



Family Owned & Operated Since 1977

VINYL SIDING

12 **WANT TO UPGRADE
YOUR HOME EXTERIOR?**

Our
Estimates
are always
FREE

- ★ Our premium vinyl siding offers:
- Many Color and Style Choices
 - Insulation Package
 - Beauty and Durability
 - Manufacturer's Lifetime Warranty

12



Visit www.AMSOFFLA.com for more info.

800-282-3572 • 727-471-0820

FL State Licensed & Insured • General Contractor CG1515749

CARPET "DRY" CLEANING FURNITURE & LEATHER CLEANING

We have cleaned Thousands of Manufactured Homes in Pinellas County with incredible success!

Carpets are Clean, Sanitized, Deodorized and Scotch-Guard Protected on every job for everyone of our customers!



5 yrs.
Straight!

A+
Rating



FREE Scotch-Guard
Protector Deoderizer &
Sanitizer with Every Job



Family Owned & Operated Over 50 Years

727-596-2249

11 ★ www.dollbros.com 11



The night shift takes a bigger toll on women

Working the midnight shift is hard on everyone, but it may be more detrimental to women’s health than men’s, according to a study by a sleep research center at the University of Surrey.



The center put 16 male volunteers and 18 females in a controlled environment where each day lasted 28 hours without natural day-night light levels. Every three hours during “daytime” the volunteers performed a range of tasks that measured brain function, alertness, motor control, and memory. Both men and women were affected by the lack of natural circadian rhythms, but the impact was greater on women, who exhibited more problems than men during the early hours of their awake period. The information is useful for everyone contemplating work on the so-called graveyard shift.

Loneliness is bad for the heart

Loneliness and isolation may be bad for your mental health, and they can also have a negative impact on your physical health. That comes from a British study reported on the CBS News website, which found that in addition to high blood pressure and compromised immune systems, loneliness can apparently lead to problems with the heart.



The British researchers looked at data from more than 180,000 people. They found that adults with few friends or social relationships were 29 percent more likely to suffer a heart attack or angina, and also 32 percent more likely to have a stroke.

The cause and effect relationship remains unclear, but the findings suggest that strong relationships can influence your health in many ways.

Choose the right food to combat stress

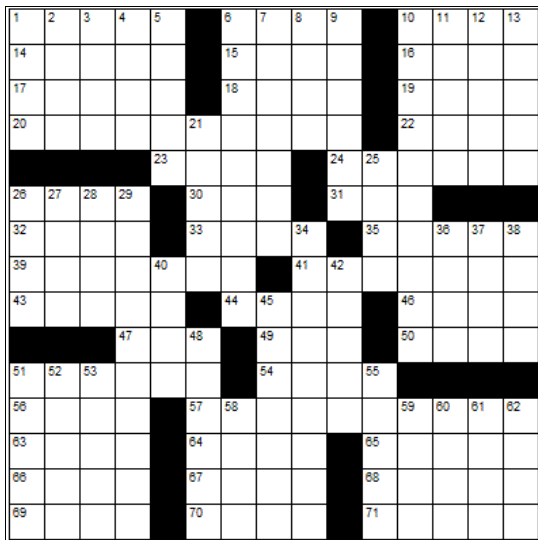
We all have our go-to foods when we’re stressed out—chocolate cake or a bowl of ice cream. But certain foods can actually help you relax without blowing your diet. Consider these alternatives:

- Leafy greens. Spinach, lettuce, and other leafy vegetables can help your brain produce dopamine, which can calm you down.
- Turkey. The tryptophan in turkey boosts serotonin levels, relieving depression.
- Salmon. Salmon is high in omega-3 fatty acids, which can inhibit hormones that cause stress.



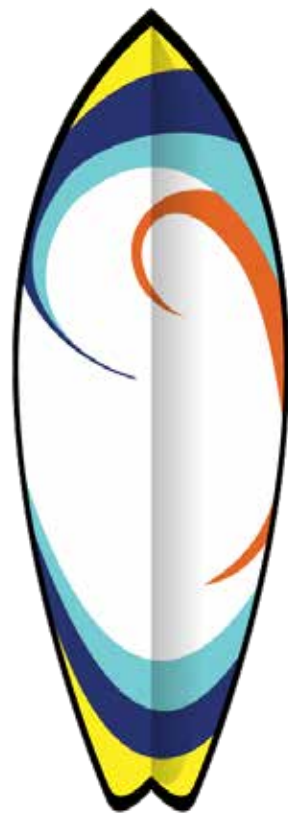
ACROSS

- 1. Accumulate
- 6. Wanes
- 10. Coffee dispensers
- 14. Ringworm cassia
- 15. Flippant
- 16. Person, place or thing
- 17. Floral leaf
- 18. Bright thought
- 19. Carpenter's groove
- 20. Daughter of a step-parent
- 22. Therefore
- 23. Against
- 24. Girdle
- 26. Chick's sound
- 30. Flee
- 31. In what way
- 32. Cap
- 33. Former lovers
- 35. Choice
- 39. Red wine
- 41. Business executive
- 43. Body
- 44. A period of discounted prices
- 46. Small city
- 47. Best seller
- 49. Calypso offshoot
- 50. If not
- 51. Domestic breed of rabbit
- 54. Certain ball-and-socket joints
- 56. Storage cylinder
- 57. A type of semiconductor
- 63. Chair
- 64. An indefinite period
- 65. Nigerian monetary unit
- 66. Behold, in old Rome
- 67. 1 1 1 1
- 68. To untwist
- 69. Clairvoyant
- 70. Probabilities
- 71. Trades



DOWN

- 1. Vipers
- 2. Encounter
- 3. Stake
- 4. Break
- 5. Chip dip
- 6. Nosebleed
- 7. Time to go to sleep
- 8. Broth (Scottish)
- 9. Polysaccharide
- 10. Protect by insurance
- 11. Lion sounds
- 12. Prod
- 13. Snob
- 21. Arm of the sea
- 25. Klutz's cry
- 26. Agreement
- 27. Reflected sound
- 28. Arab chieftain
- 29. A toy that fires pellets
- 34. Sleekness
- 36. False god
- 37. Kittens' cries
- 38. Sea eagle
- 40. French for "Black"
- 42. Some tides
- 45. Disgraced
- 48. Skin pattern
- 51. Donkeys
- 52. Daughter of a sibling
- 53. Candied
- 55. Nasal passage
- 58. Peel
- 59. Rational
- 60. Cultivate
- 61. By mouth
- 62. Beams



August CROSSWORD



LOOKED UNDER YOUR MOBILE HOME LATELY?



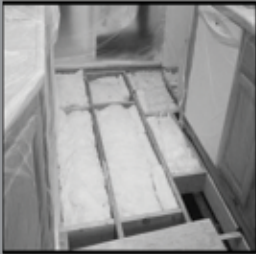
BEFORE



AFTER

Insist on 8 Ft. Wide Vapor Barrier for a Seamless Fit!

OVER 10,000 VAPOR BARRIERS INSTALLED!



ESTIMATES ALWAYS FREE
FAMILY OWNED & OPERATED

WE CAN FIX YOUR SOFT FLOORS! 7 ★ 7

WE ALSO SPECIALIZE IN MOBILE HOME FLOORING REPAIRS, AND LAMINATE FLOORING.

FLORIDA ANCHOR AND BARRIER COMPANY

727.330.7821 800.681.3772

11590 US HIGHWAY 19 N CLEARWATER, FLORIDA 33764



STATE CERTIFIED GENERAL CONTRACTOR

#004138

STATE CERTIFIED MOBILE HOME INSTALLER

#IH102549/M



ROOF COATING & REPAIRS

COMMUNITY

ROOFING OF FLORIDA, INC.

Free Estimates

2101 Starkey Rd Suite M-7
Largo, Florida 33771
(727) 536-9999

Lic# CCC1330642

"Proudly Serving Your Community"

**We Do All
Roof Coating, Roof Repairs,
and Roof Inspections
on all Manufactured Homes**

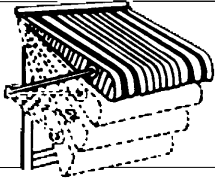
800-511-2517

www.FloridasBestRoof.net



10% OFF
Our Already Low Prices

CENTURY AWNINGS



- Fabric & Aluminum AWNINGS
- MINI BLINDS

10% OFF
to Park Residents

- ALL WEATHER CURTAINS
- VERTICAL BLINDS



• Free Estimates • Licensed & Insured

559-8811 ⁵² ★ **QUALITY PRODUCTS LOCALLY MADE - SINCE 1959** ³⁴
13170-A 90th Street N., Largo • Previously Located on Starkey Road

AIR MASTERS of Pinellas, Inc.

• A Name Worth Repeating •

AIR CONDITIONING & HEATING

Comfortmaker

Air Conditioning & Heating

MOBILE HOME SPECIAL \$3295⁰⁰

3 Ton Package Unit

- * 14 Seer * 10kw Heat Strip
- * New Digital Thermostat
- * 10 Year Limited Warranty On All Parts

Savings Available on Other Sizes.
Call for Free Estimate

Incl. Tax

1562-D South Missouri Avenue • Clearwater
Lic. # CAC 1814176



586-6969



TRAVEL IS FUN TOURS

(727)347-1600

www.tiftours.com or email@tiftours.com



MYRTLE BEACH - SC - all rooms ocean view!
October 3 - 8, 2016 6 DAYS

Includes: 8 Meals, 1st & Last nt. stay Best Western + in Santee, SC. Then to Myrtle Bch for 3 nts at the Atlantic Beachfront Oceana Resorts Patricia Grand in Myrtle Bch with 3 dinners included. Also 2 shows - One, the Show at Alabama Theater & Thunder & Lights featuring ALL THAT! at Carolina Opry!...\$649 dbl, \$839 sgl

AND MORE GREAT MULTI DAY TRIPS COMING!

- SEP 14, 15 DAY - Grnd Canyon, Vegas & Hoover Dam...\$1799*/\$2424
- SEP 25, 2 DAY - MYSTERY DINNER TRAIN & CASINO!...\$239*/\$279
- OCT. 16, 6 DAY - AUTUMN IN THE SMOKY'S...\$659*/\$879

PLUS Great Day Trips Too!

- AUG. 11, THU - ORLANDO EYE, AQUARIUM & Madam Tussaud...\$79
- AUG. 18, THU - CAPONE'S Great show & buffet + beer & wine...\$74
- AUG. 20, SAT - BOSTON LOBSTER FEAST!...\$89
- AUG. 24, WED - CALYPSO QUEEN SUNSET DINNER CRUISE!...\$72

JOIN US AT OUR TRAVEL CLUB MEETINGS!!!
WEDNESDAY-8/24/16-NO reservations necessary
At Lake Seminole Square or Tyrone Gardens
Prizes, Fun & Tour News. Call for details.

Also Cruises & Year Round Day Trips! - Call for full brochures!
Registered State of FL as Seller of Travel #ST112255

MOBILE HOME DEPOT

YOUR MOBILE HOME PARTS WAREHOUSE!

• Mobile Home Supplies • RV Accessories • Aluminum Products

²² ★ **Do It Yourself & Save!** ⁹

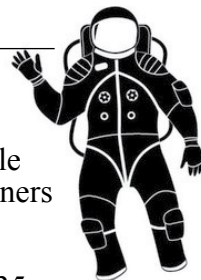
- Largo - 13777 66th Street North • 535-1100
- New Port Richey - 7118 U.S. Hwy. 19 • 849-4900



Store Hours: M - F 8-5 • Sat. 8-12
www.mobilehomedepot.net

Brit astronaut runs marathon in space

Astronauts in the International Space Station travel thousands of miles around the Earth each day, but one man has added to that total on his own: British astronaut Tim Peake ran an actual marathon while in orbit, running 26.2 miles strapped to a treadmill as more than 37,000 runners participated in the London Marathon 250 miles below.



Running in zero gravity, Peake completed his marathon in three hours, 35 minutes and 21 seconds—an impressive figure, though about 15 minutes more than his time running an actual marathon on Earth in 1999, when he finished at 3:18:50.

Try these tips when deadlines are tight

Being creative is hard enough when you've got time to sit and think, but when you're on a deadline, inspiration can feel impossible to summon. Don't give up, though. Try these tips for creativity when time is tight:

- **Eliminate distractions.** Find a quiet room, or put up a “Do not disturb” sign where everyone can see it. If you play music, keep it low and soothing so it doesn't disturb your concentration.
- **Don't watch the clock.** You'll only increase the pressure on yourself if you obsess about every passing second. Concentrate on your task, not on how much time you have to complete it.
- **Take a break.** Sometimes you need to let your mind relax. Take a short walk or get a cup of coffee and clear your mind by chatting with a co-worker or just thinking of a different subject.
- **Have a drink.** Of course you don't want to start drinking at work, but some studies suggest that a small amount of alcohol can loosen up your mind and help you develop new ideas. Just remember not to drink so much you can't get back to the task at hand.



Every discovery in science is a tacit criticism of things as they are. That is why the wise man is invariably called the fool.

—Martin H. Fischer



Get started on your writing project today

If you've dreamed of writing a novel, a short story, or even a poem, but you don't know how to get started, don't worry. Most creative writers have trouble with the first page from time to time. Try these tips for charging up your imagination:

- **Try some exercises.** Instead of launching right in on your thousand-page trilogy, try writing a few short scenes to get the hang of the process. Don't be a perfectionist—just get your story down as quickly as you can until you're used to writing.
- **Keep a notebook.** Whether you use paper or a smartphone, keep a running list of observations about the people and things you encounter every day. Use it to spark your imagination when you feel low on ideas.
- **Find the right time.** Determine when you feel most creative. For many people, it's the first few hours of the morning, but some do just as well writing late at night.
- **Cut yourself some slack.** Your first attempt probably won't be perfect. Remember that you're just trying to get your ideas out on paper (or the screen). You'll have plenty of time to rewrite and revise later.
- **Have fun.** If writing is drudgery, it may not be for you. Whatever you're working on, relax and try to enjoy what you're doing. Your emotions will show through in the finished product.



Shake up your habits to spark innovation

Innovation doesn't happen all by itself—you and your team have to work persistently to develop creative new ideas. Here are some strategies to kick your innovative impulses into high gear:

- Change your routine. Reschedule your day so you're doing things in a different order.
- Vary your surroundings. Rearrange your office for a different view, or switch offices with someone else if that's practical. Hold meetings off-site.
- Share data differently. Look for different ways to distribute information. For instance, write a report in rhyme, or deliver a presentation as a skit.
- Switch jobs. Spend a day doing someone else's job—inside your department or outside it.

AT HOME FLOORS INC.



CARPET - TILE - WOOD

"Where Quality & Value Count"
Family Owned & Operated

FREE Shop at Home Estimates

Largo - Clearwater

621 Missouri Ave. N., Largo, FL

727-584-3711

LIC #C9371 • #C9533

www.athomefloors.biz

HURRICANE ANCHORS LEVELING & BLOCKING

- Add Anchors • Carport Strapping
- Longitudinal Stabilizing
- Replace Rusted Anchors
- Retro-fit to Current State Standards



Insured • Bonded
State Lic. IH/102459/1

727-330-7821

FLORIDA ANCHOR AND BARRIER COMPANY

Kitchen & Bath Remodeling



"Floor to Ceiling & Wall to Wall -
We Do it All!"



525-7200



www.americanrestorationsystems.com

Lic. #CGC 1506061
4508 62nd Ave. N.
Pinellas Park



Est. 1988



NEED HOUSEKEEPING HELP?



Kathy's Cleaning Service



804-1116



MOBILE HOME PARTS / ACCESSORIES

- Plumbing Supplies
- Electrical Supplies
- Windows & Parts
- Aluminum Products
- Sinks & Faucets
- Tubs & Showers
- Safety Rails
- Water Heaters
- M.H Accessories
- Interior Doors
- Exterior Doors
- Screen & Vinyl Reroll



Open Sat. 9-1
Installation
Serv. Available
Est. 1988



**SOUTHEAST MOBILE HOME
SUPPLIES, INC. 522-2090**

www.southeastmobilehomesupplies.com



4508 62nd Avenue North • Pinellas Park



MASTER ELECTRICIAN

John Haseney 36 Years Pinellas County

441-8434



**10% DISCOUNT
1st Service Call**



Haseney Electrical Services, Inc.
• License #EC 13001677



MOBILE HOME WASHING

**Protect Your Health!
Eliminates Mold & Mildew**

\$69⁰⁰

Awnings, Carports
& Screen Rooms
Included
ANY SIZE

Cleaning also available for...
• Driveways • Patios • Walks

Ron Wyngarden INSURED



587-0876





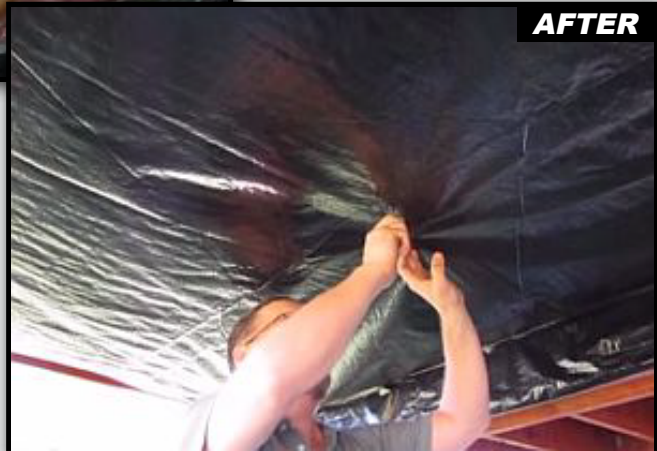
Quality Workmanship
Honest Pricing

- Vapor / Moisture Barrier
- Underhome Encapsulated Insulation
- Hurricane Tie-Down Anchors

**8 Yrs
Exp.**



We Keep rodents,
snakes, spiders, bugs,
mold, mildew, and
damaging moisture out
of your home!



**LICENSED AND
INSURED**
FAMILY OPERATED

Office Location:
12355 62nd St N
Unit B
Largo, FL 33773



**ESTIMATES &
SMILES ALWAYS FREE**

(800) 377-7885 or (727) 282-2045

Water—are you getting enough?

We need water to live, but if you're worried that you're not fully hydrated every day, information from the U.S. National Health Nutrition Examination Survey may ease your mind. The survey found that adult men drink an average of 14 cups of water every day—117 ounces—and women consume about 12 cups, or 93 ounces.

The Institute of Medicine advises that men get about 125 ounces of water a day, and women 91 ounces, so the study suggests that most men and women are getting adequate amounts of fluid.

The report notes that “water” doesn't mean just plain water, though—in fact, only about 30 percent of fluid intake comes from the tap or bottle. We also get water from juices, sodas, coffee/tea, and even food. But juice and soda can add extra calories to your diet, so don't depend on these too much for your daily dose of H₂O.



New findings on lifespans - How long will you live?

The Centers for Disease Control and Prevention recently reported that the average life expectancy for a Caucasian American born in 2014 is currently 78.8 years, down from 78.9 years one year before.

The life expectancy of non-Hispanic white women born in 2014 is 81.1 years, a slight decline from 81.2 years. For non-Hispanic white men, the figure is 76.5 years. The CDC notes that the drop, though mild, is unusual in nations like the United States, which tend to have higher standards of public safety and health care.

No more dumb blondes

The stereotype of the dumb blonde doesn't hold up, according to a study from The Ohio State University. Researchers studied data from more than 10,000 Caucasian women and found that natural blondes had an average IQ score within 2 or 3 points of brunettes and redheads. No word on whether the researchers determined that blondes really do have more fun.

The difference between the poet and the mathematician is that the poet tries to get his head into the heavens while the mathematician tries to get the heavens into his head.

—G.K. Chesterton



Lost in translation

Henry was visiting a distant country where he didn't know the language. He managed fairly well with the help of a guide, but on Sunday he wanted to go to church, and his guide had the day off. So he found a small church in the village where he was staying and followed a friendly-looking man inside.

The man greeted him and smiled, so Henry took a seat next to him and decided to copy his every action. When his new friend rose with the congregation to sing a hymn, Henry did the same, finding the hymn by looking at the man's hymnal. When the collection plate came around, Henry put in the same amount of money as the man next to him.

Toward the end of the service, the minister made some kind of announcement. The man next to Henry stood up, so Henry did too. The congregation gasped in shock.

After the service, the minister approached Henry. So Henry's surprise, the minister spoke English. "You don't know a word of our language, do you?" the minister asked kindly.

"Uh, no." Henry was nervous. "Is it that obvious?"

"Well, when I was announcing the birth of a new child and asked the father to stand up..."

The real problem

A little girl was running a high fever with a bad cough and an aching feeling throughout her body, so her father took her to see the doctor. After waiting for an hour, the doctor finally took them into her office for an examination.

"Now, Christina," she said after checking her heartbeat and looking down her throat, "What's bothering you the most?"

"My brother Sam," she replied honestly. "He breaks all my toys!"

High stakes

A man walked into a bar and ordered a beer. As he drank, he noticed slabs of beef hanging from the ceiling on hooks. "What's this about?" he asked the bartender.



The bartender smiled. "Well, if you can jump up and pull one of them, we cook it up and give you free beer all night. If you miss, though, you have to put \$100 into the charity jar we keep back here for orphans. What do you say?"

The man looked up, then shook his head. "Sorry. The steaks are just too high."

ROD RUNNERS, INC.

Custom Window Fashions & Interiors

7671 Starkey Road • Seminole

Visit our showroom or call today for an appointment

394-9534



- Blinds • Shades
 - Shutters • Drapes
 - Valances • Sheers
 - Factory Direct Vertical Blinds
 - Bedding and More
- ALWAYS ON SALE!**



FREE In-Home Estimates

32

WWW.RODRUNNERSINC.COM



MONTHLY MEDIA DISCOUNT 10% OFF Orders Over \$200.00

22

ROOF COATING & MINOR REPAIRS

SOCIA'S PROFESSIONAL Pin. Cnty. #C-3950
PAINTING & WATERPROOFING

23 ★ **FREE Roof Inspection 727-345-6856** 3

Largo 60 ★ 17

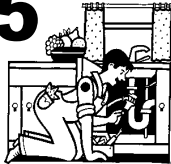
FL State Lic. #RF11067210

PLUMBING

596-0525



Mobile Home Repairs



Shawn & Shawn MOVING

ONE PIECE or WHOLE HOUSE
727-234-7204

FL LIC. # IM-1528

contact@shawnandshawnmoving.com
www.shawnandshawnmoving.com

Contact us today:

727-234-7204 | 727-488-7908

Moving & Delivery Service Since 2005
Mon - Sat 8am - 6pm

13050 92nd Street North
Largo, FL 33773

7 ★ 2

ROYAL "We Keep Your Castle Clean"

SHATTERPROOF YOUR WINDOWS

SOLAR FILM

- 16 • Heat Reflection
- Old Film Removal & Replacement

16

394-7351

FREE ESTIMATES

Owner Operated - Over 25 Years Exp. • Licensed & Insured
Ask About Our Other Cleaning Services

Bob Steele APPLIANCE REPAIR

- Refrigerators
- Washers
- Dryers
- Ice Makers and more



My PAPA Can Help You!



6 ★ **637-4789** 6

HURRICANE ANCHORING

- TOMMY TIE DOWNS LLC -

- LICENSED
- INSURED
- BONDED

Tom LaRock
Owner/Installer



Replace or Install Tie Downs & Anchors

Foundation Screening

Carport Straps

Leveling

(941) 628-6840

T11rock@yahoo.com

tommytiedownsllc.com

FREE INSPECTIONS

SUB-FLOOR & FLOORING EXPERTS!

Sub-Floor Repairs

Laminate Flooring



STATE CERTIFIED GENERAL CONTRACTOR
CGC# 004138
STATE LICENSED MOBILE HOME CONTRACTOR
#IH/102549/1

FLORIDA
ANCHOR AND BARRIER
COMPANY



727.330.7821 800.681.3772

11590 US HIGHWAY 19 N CLEARWATER, FLORIDA 33764



EMPORIUM

10 WORDS for \$8.55 - Each additional word is 80¢
Your Ad Will Appear in 60 Mobile Home Park Newsletters
NO ADS ACCEPTED BY PHONE OR EMAIL

EVENTS & PROGRAMS	ARTICLES FOR SALE	WANTED TO BUY
<p>CRAFT SHOW 12/10/16 Four Seasons Estates, Largo. Vendors wanted. Email medmatchpay@yahoo.com for application, or 727-200-3240 for more info.</p>	<p>2 Crypts in Sylvan Abbey, choice Locations side by side extras. 727-243-4100 Suzie</p>	<p>When selling on consignment always get a WRITTEN QUOTE on the sellers' commission.</p>
<p>CRAFTERS WANTED! EBO in Largo needs Crafters for their Show Dec. 3rd, from 8-2. Tables are \$20.00 (+ donation for raffle) Call Tammy 727-550-6397.</p>	<p>For Sale: Serger Sewing Machine. Brand New, \$150.00. Call 727-585-3820</p>	<p>FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780</p>
<p>Crafters Wanted for craft show 12/04/16. Down Yonder Village, Largo. Please call 727-531-5101.</p>	<p>Lift Chair - New, heat and massage. \$625.00. Call 727-647-3433</p> 	<p>Retired lady looking for car under \$4000. Please call 727-421-9573</p> <p>FREE</p> <p>FREE 10 year old female Tabby cat to loving home that will not declaw her. Chipped and current on shots. 727-400-6731</p>

SEPTEMBER AD DEADLINE - AUGUST 10, 2016

- Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
- Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
- No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

SAVE BIG During Our Annual:

ROOF SALE!

10% OFF

Manufactured & Mobile Homes
Still #1 in Your Park Since 1984!

FREE VIDEO INSPECTION
See exactly how your roof looks!

our already LOW PRICES!

Present this coupon for an additional 10% DISCOUNT

- **FRIENDLY FREE ESTIMATE!**
- **ALL ROOFS and ROOF-OVERS!**
- **LIFETIME Transferable Warranty!**



A+ Better Business Rating!

For Savings and News, Like us on Facebook!



Please be sure you are dealing with a Florida Certified Licensed Contractor... AND DON'T BE FOOLED BY NEW COPY-CAT COMPANIES USING OUR GOOD NAME!

Call the one and only:

AllWeatherRoofing Inc.

Florida licensed contractor #CCC058045

• Family Owned and Operated

Call Toll-Free! 1 800 297-3758



Visit us: www.YourBestRoof.com

Call Michelle right now!

Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over **\$135,000** since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or **mail your paid receipt** to us at **Monthly Media • PO Box 1023 • Venice, FL 34284**. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

Virginia Rouleau.....\$100	All Weather Roofing	Marilyn Holmes.....\$5	Florida Anchor & Barrier
John Elliot.....\$10	Citrus/Meadowood Homes	Marie Woods.....\$5	Jones and Sons Plumbing
Nancy Spangler.....\$10	Master Plumbers and Septic Inc.	Bev Helbing.....\$5	Heller's Mobile Home Washing
Jackie Lehocky.....\$10	Appliance Specialty	Michael Sandlin.....\$5	Battleline Termite & Pest Control
Max Powell.....\$10	Ray Duncan Plumbing	Kathy Sweetman.....\$5	Largo Plumbing
Darwin Tweedy.....\$10	Doll Brothers Carpet & Upholstery	Andrea Pelletier.....\$5	Perfect Repair & Construction
Don Cihasky.....\$10	Royal Enterprise	Kathy Molinaro.....\$5	Dunedin Plumbing
John Shull.....\$10	Barron's Air Conditioning	Carolyn Jablonski.....\$5	Payless Painting Services
Bevlan Stewart.....\$10	Ron Wyngarden MH Washing	Cheryl Kittle.....\$5	Bob's Mobile Home Washing
Arlene Bero.....\$10	Jones and Sons Plumbing	Juanita Seeman.....\$5	Battleline Termite & Pest Control
Sherry Walsh.....\$10	Bob's Appliance Specialty	Clifford Tolosa.....\$5	Air Masters of Pinellas
Carolyn Teter.....\$10	Recreational Golf Cars of Florida	Nancy Hove.....\$5	AMS North West
Glen Daw.....\$10	Buggin Out Termite and Pest control	Albert Yoder.....\$5	Bill The Carpet Guy
Darlene Coburn.....\$10	Heller's Mobile Home Washing	Ron Quidort.....\$5	Largo Plumbing
Agnes Basel.....\$5	Bill The Carpet Guy	Joan McNally.....\$5	Boss Electric
Marion Mein.....\$5	Rod Runners	Patricia Coughlin.....\$5	Air Masters of Pinellas
Richard Bremer.....\$5	Boss Electric	Donna Mathis.....\$5	Modern AC & Appliance
Mary Jo Weibert.....\$5	Heller's Mobile Home Washing	Susie Hunt.....\$5	Doll Brothers Carpet & Upholstery
Ann Tindall.....\$5	Battleline Termite & Pest Control	Jack Echlin.....\$5	Battleline Termite & Pest Control
Richard Yeomans.....\$5	Royal Enterprise	Charles Latimer.....\$5	Jones and Sons Plumbing
Shirley Frew.....\$5	Florida Anchor & Barrier	Mary Jardin.....\$5	Recreational Golf Cars of Florida
Peggy Long.....\$5	Air Masters of Pinellas	Thelma Marsch.....\$5	Boss Electric
Linda Fogle.....\$5	Jones and Sons Plumbing	Angela Lehman.....\$5	BugginOut Termite and Pest control
Herbert Hendershot.....\$5	Heller's Mobile Home Washing	Earl Foster.....\$5	Air Masters of Pinellas

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.



HAVE YOU SUFFERED FROM WATER OR FLOOD DAMAGE?

Fully
Guaranteed
Property
Repair Service
& Floor Repairs



Call Us for a **FREE**
NO-PRESSURE No-Obligation Estimate

727-288-4680

flatworksremodel@yahoo.com

• Licensed
• Bonded • Insured

4

FlatWorks
INCORPORATED



4

CGC #1511054

Paid advertisement by FLUHS, Inc. d/b/a A&E Services



FLORIDA
**Under Home
SOLUTIONS**

where budgets and home solutions meet

A F F O R D A B L E
V A P O R B A R R I E R

Have You Looked **UNDER** **PROTECT**
Your Home Lately? **YOUR HOME**

Fix Small Problems Today
Before They Cause Serious Damage!

We will inspect and photograph any issues, showing you pictures of the underside of your home. Damaged & worn vapor barriers can create high energy costs and allow mold & mildew to grow and weaken your sub floor creating "Soft Spots". Keep Mold, Moisture & Animals out of your Home.



Repairs will be made quickly and include a
20 Year Transferable Warranty!

10%
MILITARY
DISCOUNT

Call Us for a **FREE NO-PRESSURE No-Obligation Estimate**

4

727-492-1884

• Licensed
#OCL0027169

4

info@FloridaUnderHomeSolutions.com • Bonded • Insured

Tired Of Repairing & Replacing Duct Work?

Tired Of Mold & Mildew?

Want A Lower Electric Bill?

Call To Find Out How!!



E&E GLIDDON

LIC # CACO 24340

AIR CONDITIONING

100% SATISFACTION GUARANTEE

Comfortmaker
Air Conditioning & Heating

FREE ESTIMATES
on **NEW UNITS**

\$45⁰⁰ A/C INSPECTION
or **Service Calls**

(Mon.-Fri. 8AM - 4:30PM)

www.eegliddonac.com

24 Hour Service
Service All Units



727-546-4343



34



34